

60 MIN SESSIONS



This schedule is built on the Word of Promise™ Bible. Session times include time for brief introductions to the text and pauses after each listening of the Testaments. Use the blank squares to track completed sections.

#	Opening Psalm	Old Testament	New Testament	Closing Psalm	Total Time	
	1	Psalm 1	Joel 1-3	Matthew 1-8	Psalm 2	58:52
	2	Psalm 3	Amos 1-9	Matthew 9-11	Psalm 89	58:59
	3	Psalm 4	Jonah 1-4	Matthew 12-16	Psalm 105	49:57
	4	Psalm 24	Hosea 1-14	Matthew 17-19	Psalm 110	59:22
	5	Psalms 7-8	Haggai 1-2 (8:3); Obadiah (4:48)	Matthew 20-25	Psalm 26	56:07
	6	Psalm 19	Nahum 1-3	Matthew 26-28	Psalm 119	57:40
	7	Psalm 9	Micah 1-7	Mark 1-4	Psalm 91	55:06
	8	Psalm 10	Zephaniah 1-3	Mark 5-10	Psalm 11	58:24
	9	Psalm 12	Habakkuk 1-3	Mark 11-16	Psalm 27	56:01
	10	Psalms 13-14	Malachi 1-4	Luke 1-5	Psalm 64	53:54
	11	Psalm 15	Zechariah 1-7	Luke 6-9	Psalm 103	56:27
	12	Psalm 134	Zechariah 8-14	Luke 10-13	Psalm 133	58:40
	13	Psalm 34	Ezra 1-6	Luke 14-17	Psalm 36	55:15
	14	Psalm 65	Ezra 7-10	Luke 18-21	Psalm 142	58:40
	15	Psalm 30	Nehemiah 1-5	Luke 22-24	Psalm 132	54:24
	16	Psalm 86	Nehemiah 6-9	Galatians 1-6	Psalm 99	53:42
	17	Psalm 51	Nehemiah 10-13	Ephesians 1-6	Psalms 21-22	54:45
	18	Psalm 100	Genesis 1-9	Revelation 1-2	Psalm 131	58:52
	19	Psalm 84	Genesis 10-18	Revelation 3-5	Psalm 40	55:18
	20	Psalm 60	Genesis 19-24	Revelation 6-9	Psalm 18	56:28
	21	Psalm 92	Genesis 25-30	Revelation 10-13	Psalm 111	54:35
	22	Psalm 5	Genesis 31-36	Revelation 14-17	Psalm 108	54:21
	23	Psalm 121	Genesis 37-43	Revelation 18-20	Psalm 67	58:24
	24	Psalm 80	Genesis 44-50	Revelation 21-22	Psalm 62	54:24
	25	Psalm 31	Exodus 1-7	John 1-3	Psalm 118	53:32

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26	Psalm 29	Exodus 8-12	John 4-5	Psalm 33	54:48
27	Psalm 43	Exodus 13-18	John 6-7	Psalm 45	57:42
28	Psalm 61	Exodus 19-25	John 8-9	Psalm 48	54:23
29	Psalm 23	Exodus 26-30	John 10-12	Psalm 47	57:36
30	Psalm 115	Exodus 31-35	John 13-15	Psalm 96	55:15
31	Psalm 41	Exodus 36-40	John 16-18	Psalm 35	53:23
32	Psalm 25	Leviticus 1-7	John 19-21	Psalm 20	55:40
33	Psalm 135	Leviticus 8-13	Hebrews 1-4	Psalm 39	55:15
34	Psalm 57	Leviticus 14-19	Hebrews 5-8	Psalm 97	55:52
35	Psalm 122	Leviticus 20-23	Hebrews 9-13	Psalm 28	54:57
36	Psalm 73	Leviticus 24-27	1 Corinthians 1-6	Psalm 72	56:27
37	Psalm 68	Numbers 1-5	1 Corinthians 7-9	Psalm 143	56:43
38	Psalms 87-88	Numbers 6-10	1 Corinthians 10-13	Psalm 144	54:47
39	Psalm 106	Numbers 11-15	1 Corinthians 14-16	Psalm 141	54:24
40	Psalm 46	Numbers 16-20	1 Timothy 1-6	Psalm 147	50:54
41	Psalm 112	Numbers 21-26	2 Timothy 1-4	Psalm 50	56:39
42	Psalm 42	Numbers 27-31	Colossians 1-4	Psalm 109	49:42
43	Psalm 37	Numbers 32-36	Titus 1-3	Psalm 107	46:34
44	Psalm 77	Deuteronomy 1-4	Romans 1-2	Psalm 75	56:31
45	Psalm 44	Deuteronomy 5-9	Romans 3-5	Psalm 126	56:02
46	Psalm 102	Deuteronomy 10-14	Romans 6-7	Psalm 6	52:36
47	Psalm 79	Deuteronomy 15-20	Romans 8-9	Psalm 127	54:15
48	Psalm 54	Deuteronomy 21-26	Romans 10-12	Psalm 129	56:19
49	Psalm 52	Deuteronomy 27-30	Romans 13-16	Psalm 104	52:37
50	Psalm 55	Deuteronomy 31-34	2 Corinthians 1-3	Psalm 124	48:42
51	Psalm 53	Joshua 1-8	2 Corinthians 4-6	Psalm 125	55:50
52	Psalm 82	Joshua 9-17	2 Corinthians 7-8	Psalm 117	56:14
53	Psalm 98	Joshua 18-24	2 Corinthians 9-10	Psalm 128	56:23

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54	Psalm 59	Judges 1-6	2 Corinthians 11-13	Psalm 81	56:24
55	Psalm 56	Judges 7-13	Philemon	Psalm 113	54:17
56	Psalm 63	Judges 14-18	Luke 1-3	Psalm 70	53:44
57	Psalm 83	Judges 19-21	Luke 4-7	Psalm 116	56:35
58	Psalm 93	1 Samuel 1-7	Luke 8-9	Psalm 114	56:31
59	Psalm 85	1 Samuel 8-12	Luke 10-12	Psalm 120	54:30
60	Psalm 94	1 Samuel 13-16	Luke 13-16	Psalm 123	54:10
61	Psalm 32	1 Samuel 17-19	Luke 17-20	Psalm 101	50:24
62	Psalm 17	1 Samuel 20-23	Luke 21-22	Psalm 18	49:27
63	Psalm 58	1 Samuel 24-27	Luke 23-24	Psalm 78	51:10
64	Psalms 38-39	1 Samuel 28-31	Acts 1-4	Psalm 139	50:42
65	Psalm 95	2 Samuel 1-5	Acts 5-8	Psalm 146	55:16
66	Psalm 49	2 Samuel 6-10	Acts 9-12	Psalm 137	51:25
67	Psalm 66	2 Samuel 11-13	Acts 13-16	Psalm 130	51:32
68	Psalm 90	2 Samuel 14-16	Acts 17-20	Psalm 148	49:05
69	Psalm 138	2 Samuel 17-19	Acts 21-25	Psalm 150	53:57
70	Psalm 149	2 Samuel 20-24	Acts 26-28	Psalm 3	53:03
71	Psalm 100	1 Kings 1-4	1 John 1-3	Psalm 13	55:29
72	Psalm 145	1 Kings 5-10	2 John; 3 John	Psalm 4	54:07
73	Psalm 115	1 Kings 11-14	Philippians 1-4	Psalm 5	52:10
74	Psalm 101	1 Kings 15-19	Colossians 1-4	Psalm 6	53:30
75	Psalm 106	1 Kings 20-22	1 Thesalonians 1-5	Psalm 7	49:53
76	Psalm 104	2 Kings 1-5	2 Thesalonians 1-3	Psalms 70-71	48:57
77	Psalm 110	2 Kings 6-10	Matthew 1-3	Psalm 17	51:52
78	Psalm 105	2 Kings 11-14	Matthew 4-6	Psalms 1-2	48:31
79	Psalms 88-89	2 Kings 15-17	Matthew 7-8	Psalms 9-10	48:01
80	Psalm 118	2 Kings 18-21	Matthew 9-11	Psalm 64	50:05
81	Psalm 103	2 Kings 22-25	Matthew 12-14	Psalm 12	51:42

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#	Opening Psalm	Old Testament	New Testament	Closing Psalm	Total Time
82	Psalm 109	1 Chronicles 1-4	Matthew 15-17	Psalm 8	49:04
83	Psalm 108	1 Chronicles 5-8	Matthew 18-20	Psalm 22	49:56
84	Psalm 102	1 Chronicles 9-13	Matthew 21-22	Psalm 68	49:21
85	Psalm 35	1 Chronicles 14-18	Matthew 23-24	Psalm 69	47:20
86	Psalm 113	1 Chronicles 19-23	Matthew 24-26	Psalm 20	51:34
87	Psalm 120	1 Chronicles 24-29	Matthew 27-28	Psalm 21	52:24
88	Psalm 112	2 Chronicles 1-6	1 Peter 1-5	Psalm 136	49:58
89	Psalm 123	2 Chronicles 7-15	2 Peter 1-3	Psalm 19	53:52
90	Psalm 114	2 Chronicles 16-21	Galatians 1-6	Psalm 14	55:11
91	Psalm 121	2 Chronicles 22-27	Ephesians 1-6	Psalm 15	52:55
92	Psalm 107	2 Chronicles 28-33	Jude (4:34); Philemon (3:26)	Psalm 26	54:33
93	Psalm 111	2 Chronicles 34-36	John 1-5	Psalm 16	53:01
94	Psalm 117	Esther 1-5	John 6-9	Psalm 24	56:06
95	Psalm 122	Esther 6-10	John 10-13	Psalm 34	51:48
96	Psalm 130	Ruth 1-4	John 14-18	Psalm 27	50:27
97	Psalm 124	Job 1-10	John 19-21	Psalm 32	53:32
98	Psalm 125	Job 11-21	1 Corinthians 1-5	Psalm 28	54:39
99	Psalm 126	Job 22-33	1 Corinthians 6-9	Psalm 29	54:54
100	Psalm 127	Job 34-42	1 Corinthians 10-13	Psalm 25	53:34
101	Psalm 129	Proverbs 1-10	1 Corinthians 14-16	Psalm 30	54:52
102	Psalm 128	Proverbs 11-18	2 Corinthians 1-7	Psalm 23	55:39
103	Psalm 137	Proverbs 19-25	2 Corinthians 8-13	Psalm 46	53:55
104	Psalms 135-136	Proverbs 26-31	James 1-5	Psalm 37	51:07
105	Psalm 78	Ecclesiastes 1-6	1 John 1-5	Psalm 91	50:06
106	Psalm 119	Ecclesiastes 7-12	2 John; 3 John	Psalm 40	48:23
107	Psalm 139	Song of Solomon	Mark 1-3	Psalms 49-50	48:03
108	Psalm 116	Isaiah 1-9	Mark 4-5	Psalm 41	54:36
109	Psalm 93	Isaiah 10-21	Mark 6-7	Psalm 11	55:22

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#	Opening Psalm	Old Testament	New Testament	Closing Psalm	Total Time
110	Psalm 150	Isaiah 22-30	Mark 8-9	Psalm 48	55:10
111	Psalm 148	Isaiah 31-38	Mark 10-11	Psalm 39	50:37
112	Psalm 138	Isaiah 39-44	Mark 12-13	Psalm 38	51:39
113	Psalm 140	Isaiah 45-51	Mark 14	Psalm 44	50:16
114	Psalm 144	Isaiah 52-61	Mark 15-16	Psalm 42	51:21
115	Psalm 132	Isaiah 62-66	Hebrews 1-7	Psalm 33	49:31
116	Psalm 143	Jeremiah 1-6	Hebrews 8-10	Psalm 63	55:12
117	Psalm 133	Jeremiah 7-13	Hebrews 11-13	Psalm 43	56:08
118	Psalm 149	Jeremiah 14-20	Romans 1-4	Psalm 53	55:18
119	Psalm 141	Jeremiah 21-27	Romans 5-7	Psalm 36	53:50
120	Psalm 146	Jeremiah 28-33	Romans 8-9	Psalm 52	55:05
121	Psalm 142	Jeremiah 34-41	Romans 10-11	Psalm 45	55:01
122	Psalm 145	Jeremiah 42-49	Romans 12-13	Psalm 62	53:59
123	Psalm 99	Jeremiah 50-52	Romans 14-16	Psalm 55	49:22
124	Psalm 91	Lamentations 1-5	1 Timothy 1-6	Psalm 51	54:03
125	Psalm 81	Ezekiel 1-7	2 Timothy 1-4	Psalm 59	53:22
126	Psalm 131	Ezekiel 8-15	Philippians 1-4	Psalm 54	56:12
127	Psalm 94	Ezekiel 16-19	Colossians 1-4	Psalm 50	49:28
128	Psalm 96	Ezekiel 20-23	1 Thesalonians 1-5	Psalm 57	53:21
129	Psalm 90	Ezekiel 24-29	2 Thesalonians 1-3	Psalm 71	47:53
130	Psalm 95	Ezekiel 30-35	John 1-3	Psalm 58	54:31
131	Psalm 98	Ezekiel 36-39	John 4-6	Psalm 47	55:43
132	Psalm 97	Ezekiel 40-43	John 7-9	Psalm 60	52:19
133	Psalm 134	Ezekiel 44-48	John 10-12	Psalm 61	55:11
134	Psalm 92	Daniel 1-4	John 13-15	Psalm 56	53:40
135	Psalm 147	Daniel 5-8	John 16-18	Psalm 65	51:04
136	Psalm 82	Daniel 9-12	John 19-21	Psalm 63	49:49